1 Option:

You need to save the data with the following backup or repair tool:

**UpdraftPlus WordPress Backup Plugin**

Backup und Wiederherstellung leicht gemacht. Vollständige Backups: manuell oder geplant (Sicherung in Dropbox, S3, Google Drive, Rackspace, FTP, SFTP, E-Mail und Andere).

https://de.wordpress.org/plugins/updraftplus/

2. Option:

You give my programer an admin access to the area where you have uploaded the pages to.

My programmer says that it is obvious that you tried to program as a designer would do but you miss parts that one needs to upload the website.

He can help you to find them but he needs access to all data that you created so he can tell what needs to be send to him.